



Loreto
sixth form college

OPPORTUNITIES & ENRICHMENT

**THE APPLIANCE
OF SCIENCE**

Constantly expanding
Science department!

**DEBATING AND
MODEL UNITED
NATIONS**

Weekly Debate Club!

MARY WARD DAY

Over 40 activities to choose from

**DUKE OF
EDINBURGH'S
AWARD**

Fantastic
experience

**CHOOSE YOUR
ADVENTURE**

**FEATURING THESE
EXTRACURRICULAR ACTIVITIES**

A spiritual dimension • In the limelight...
Clubs and Societies • Supporting Charities



PLUS

**SPORT AT
LORETO**

OPPORTUNITIES & ENRICHMENT AT LORETO

MARY WARD, the founder of the Institute of the Blessed Virgin Mary, and the inspiration behind the various Loreto schools and colleges located in all parts of the world, was an advocate of education for all, in the broadest sense of the word; we try to embody the spirit of this message in the daily life of our College, here in Manchester.

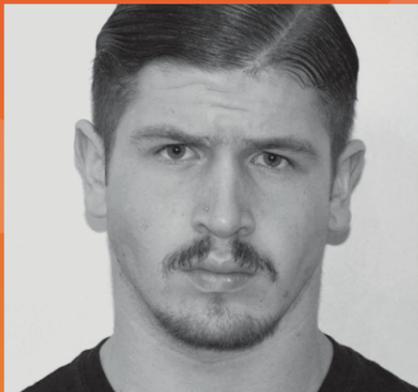
Academic excellence is the goal towards which we all strive but it would be true to say that the most successful Loreto students are those who take full advantage of the numerous extracurricular activities on offer at the College. They tend to be lively, inquisitive students; they have enquiring minds and they want to experience life to the full. Our 'common' lunchtime allows us to operate a comprehensive programme of activities designed to engage students in an activity suited to their tastes and interests. These, together with timetabled enrichment opportunities and after College sessions, give us the means to provide each student with a well-balanced educational experience. This leaflet will give you some indication of what we have to offer.

ACTIVITIES FOR ENQUIRING MINDS!



DEBATING AND MODEL UNITED NATIONS

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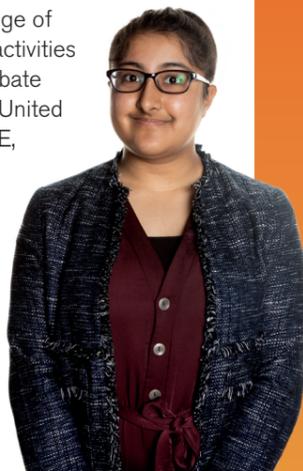
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INSPIRING STUDENT

ISHAA ASIM

Ishaa is a former student of Co-op Academy North Manchester and studies Biology, Chemistry and History at Loreto. Whilst at College Ishaa has been involved in a wide range of enrichment activities including Debate Club, Model United Nations, DofE, Chaplaincy and the Fairtrade Society.



DUKE OF EDINBURGH'S AWARD



EXPEDITIONS TO THE HILLS!

One of the College's most popular enrichment activities is the Duke of Edinburgh's Award. We currently have over **130 students** working towards the Gold and Silver awards; Loreto is one of the premier centres of student participation and the biggest sixth form provider for DofE in Greater Manchester.

Students participating in the DofE programme have to demonstrate commitment, determination, reliability and, above all, initiative. They have to take part in a physical activity, develop a skill and volunteer.

The students go on expeditions up into the hills, where they learn the skills of navigation and the value of teamwork!

The programme is a great social experience, as well as being an award recognised nationally and valued highly by employers and universities.

"My favourite experience so far has definitely been the DofE walk. I have a lot of great memories to choose from, but the walk really wins!"

Lydia Benaicha



THE APPLIANCE OF SCIENCE

A large number of students at Loreto choose to study one or more of the sciences; rather like the universe, our Science department is constantly expanding!

WHILST MUCH OF the academic work is carried out in the classrooms and laboratories our students, scientists and non-scientists alike, are given the opportunity to experience science in an astonishing variety of real life scenarios, competitions and presentations delivered by eminent practitioners.

SCIENCE CLUB

Science Club is a thriving well-attended weekly session, which presents an amazing opportunity for students to explore a practical and investigative approach to science; sessions have included building hovercrafts and launching rockets.



MEDICS, DENTISTS AND VETS

The College operates a dedicated programme to cater for the growing number of students who wish to pursue a career in medicine, dentistry and veterinary science, with specialist guidance and support throughout the application process.

BIOLOGY OLYMPIAD

Loreto's ace Biologists compete in the Biology Olympiad and have the opportunity to attend a range of talks from academics. Students also visited California and Canada on the last two Biology field trips.

CHEMISTRY CHALLENGE

Our Chemists take part in a number of competitions and challenges, with the specific aim of honing their analytical skills. The Cambridge Chemistry Challenge is organised by St Catharine's College and involves sitting a rigorous 90-minute written examination; the International Chemistry Olympiad similarly comprises an extremely challenging paper.

PHYSICS

Those students with an interest in Physics are spoilt for choice at Loreto. Students have the opportunity to conduct original research in the LORiP (Loreto Original Research in Physics) programme. The group has had great success with publications in peer reviewed physics journals and a presentation at The Royal Society. Students also took part in the prestigious Institute of Physics lecture and poster competition, where they won prizes for presentations and lectures, and participated in research placements funded by Nuffield bursaries.

OTHER OPPORTUNITIES

In the Science Communicators enrichment, students design a curriculum to engage Key Stage 2 students in Science. Our students then go into a number of local primary schools to deliver practical Science sessions to pupils. The feedback from the schools on these sessions has been fantastic.

Maths students have the opportunity of taking part in the Maths Roadshow project. The Roadshow involves going into primary and secondary schools and delivering different fun problem-solving activities to pupils from years 5-8.

As part of Loreto's coding club, some of our Computing students have been volunteering at Manchester University to support younger students in learning to code. ■



"My time at Loreto has been great. There are a variety of opportunities to be involved with. I have been involved in Science Communicators which involved going to teach Science at primary schools."

Saarah Chunara

MODEL UNITED NATIONS



WE TAKE PART IN Model United Nations (MUN) events, where schools and colleges take on the role of representing different countries, selected at random, in a United Nations set up. They have to research the particular issues associated with those countries and be prepared to fight their corner. We take part in a wide range of events with teams from Loreto representing a diverse range of countries including Mexico, Iran, the USA and Zimbabwe. Our students have been highly successful, regularly winning awards. ■

"I joined MUN and it has provided me with amazing opportunity to speak about current issues that affect lives globally, and I have made my most favourite memories on these MUN trips."

Saarah Mazhar



DEBATE CLUB

DEBATE CLUB MEETS WEEKLY

at lunchtime in one of the theatres and thrashes out the issues of the day. Large numbers of students get involved; hence, the use of a theatre rather than a classroom, and no stone is left unturned as the arguments rage back and forth. They are not just slanging matches however; a strict protocol is observed. Topics are publicised well in advance and teams to propose and oppose the motion are selected. Speakers work within a time restraint and are kept under benevolent control by an impartial chairperson.

Recent subjects have included who was Britain's greatest Prime Minister, Brexit and capital punishment. It can be seen from the discussion topics that we are dealing with 'proper' grown-up debating issues here. Our students are intelligent young people with quick minds and lively intellects. They have to do their research and be prepared to think on their feet, as they field questions from the judges and audience. Whilst the atmosphere of the debates is informal, and many of the contributions are humorous, they are conducted in a serious manner. ■

CLUBS AND SOCIETIES

Loreto has a huge range of clubs and societies providing students with a fantastic range of opportunities. Clubs and societies recruit new members at the annual Freshers' Fayre!

ALL THE OLD FAVOURITES were well represented and as popular as ever: **Debate Club** for those of a disputatious disposition, and the academic dimension provided by the **Psychology, Sociology, Economics, and Government and Politics Clubs**. The **Mathematicians** posed some interesting questions about Herr Schrodinger's infamous cat, whilst the **Theologians** challenged us to consider our place and role in the universe. The **Law Society** was keen to promote involvement in the Bar Mock Trial competition, and the **Scientists** are to be commended for braving the elements and staying outside, where their tent like shelter allowed students to have a go at CPR, using our very own dummy, supervised by **Loreto's Healthcare Professionals** group. Computer whiz

kids were keen to find out more about the Greater Manchester College Hack. Loreto's diverse student body always provides a steady number of students attracted to the **MFL Film Club**, and budding presenters and technicians made a beeline for the **Media** stall. The **Performing Arts** stall was kept extremely busy, handling queries about the various College dramatic productions and music related activities, with the **Ukulele Club** maintaining the tradition established by the two famous northern Georges: Formby and Harrison! **Photography Club** offered the prospect of high-end equipment and creative licence, the **English Department Reading Group** has a fascinating list of titles in mind for the year, and the Librarian was on hand to remind students



that the printed word in traditional hard copy form still exists, alongside the extensive online research opportunities offered by modern technology. The **Fair Trade, Equality and Diversity, and Amnesty International groups** are all well established at Loreto, and the numbers showing interest at the fayre suggest that another successful year is in store. **NCS** is growing in popularity year on year and the organisation followed up its presentation in assemblies last week by running a well-attended stall at our fayre. Two new sporting activities also made an appearance, **Rugby and Cycling**, with exercise of the cerebral kind being offered by **Chess Club**. ■



IN THE LIMELIGHT...

Some Loreto students are happy to go to classes, do the work, keep a low profile... but others love the spotlight, the applause of an audience, the thrill of performance.

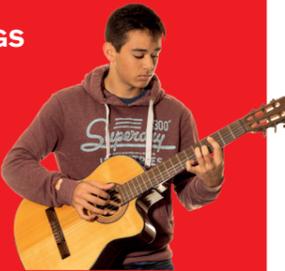


THERE ARE NUMEROUS opportunities at the College for students to get involved with performing arts projects, whether or not they are studying related subjects on their various courses. Some examples include -

COLLEGE MUSICAL
Each year the College puts on a full-scale musical, a massive collaborative enterprise drawing in students from right across the spectrum. Actors are required, as are singers, dancers, musicians and a multitude of technicians. Our last six shows, 'Hairspray', 'We Will Rock You', 'Guys and Dolls', 'Elf', 'Legally Blonde' '9 to 5' have all been sell-out successes, attracting plaudits from all quarters. Next year's extravaganza will be 'Chicago'.

LORETO SHOWCASE
The Showcase features auditions, ticket only entry, judges, and all the associated paraphernalia of a professional show. Some extraordinarily talented students have trod the boards at the Showcase, from rappers to rock bands, solo singers and vocal groups, dancers, comedians, magicians and even belly dancers. The theatre is always packed and a partisan but appreciative audience cheers each act to the rafters.

LUNCHTIME GIGS
Students and staff perform live music twice a week in the College cafeterias and social spaces.



ALUMNI

Many Loreto students have gone on to find fame in the world of show business, including...

KYLE ROWE
After graduating from London's prestigious ArtsEd drama school, former Loreto student Kyle Rowe's acting career has really taken off. He won the lead role in the 'This is the start of something' Reebok ad campaign, which he filmed on location in New York, has appeared in the Sacha Baron Cohen film, 'Grimsby' and was cast in the world Premiere of Philip Ridley's new play 'The Beast of Blue Yonder'. Kyle regularly returns to College, leading workshops and helping train students who aspire to acting careers.

LUCY BURKE
The playwright Lucy Burke is also a former Loreto student. Lucy's plays have been performed nationally and internationally.

JOHN WEST
Actor credited as John Bradley West. Played Samwell Tarley in Game of Thrones.

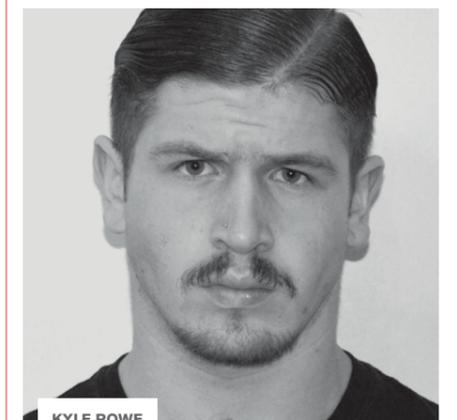
FREDDIE WATKINS
Actor who starred in Regent's Park Open Air Theatre's touring production of 'Lord of the Flies'.

JASON MANFORD
Comedian.

OLIVER VIBRANS
Composer, Musical Director and Drummer.

MATTHEW RAWCLIFFE
BBC Young Dancer 2019 Finalist, currently studying at Rambert School of Ballet and Contemporary Dance.

IMOGEN KING
Actor who has appeared in ITV's 'The Bay' and 'The Darkest Hour'.



A SPIRITUAL DIMENSION



Chaplaincy is an integral part of College life, seeking to promote that spiritual dimension in the lives of students, and events are organised throughout the year. The Chaplaincy area itself is a warm, friendly space, well used by students, especially for tea and biscuits at break – all are welcome!

THOSE STUDENTS WHO like to combine spirituality, selflessness and a sense of adventure get involved in the Chaplaincy trips, which take place each

year. We run residential retreats, where students have the opportunity to just step back a little and think about what is important in their lives. These are always a wonderful experience, which really allow us all to step back from our busy lives and relax, reflect and experience prayer in a different way.

LOURDES

Also on the agenda is Loreto's pilgrimage to the Catholic shrine at Lourdes. Each year a group of our students travels to France with a charity called HCPT, to help disabled or disadvantaged children and young people have a pilgrimage holiday experience. The students are volunteers and give up their time from

a sense of mission and compassion. They raise money throughout the year to fund the trip and take full advantage of the opportunity the pilgrimage offers to meet other people from across the UK and Europe. Students are encouraged to work hard, socialise, think of others and to pause a while and reflect on what is meaningful to them.

LENT AND ADVENT

The seasons of Lent and Advent are important times at Loreto. The Chaplaincy pick a theme to give the period a focus, such as the theme of Welcoming the Stranger in Advent, and thinking about how we could serve others during Lent. ■

MARY WARD DAY

Loreto College was established under the inspiration of Mary Ward, the founder of the Institute of the Blessed Virgin Mary.



girls, at a time when this was considered unnecessary. This vision of excellent education for all, an education that

Mary Ward lived in 17th Century England and devoted her life to campaigning for the education of

develops the whole person, is central to Loreto College. The 119 Loreto schools and colleges that now exist across the world are a testament to Mary Ward's vision and determination to do what she believed was right

On Mary Ward Day students celebrate the values of this remarkable woman. There is a fantastic range of over 40 activities to choose from, based on one of the seven values of Mary Ward, which lie at the heart of Loreto College: Justice, Truth, Joy, Sincerity, Freedom, Internationality and Excellence.

Mary Ward Day provides the opportunity to experience these values in a practical and enjoyable way. ■

“ I REALLY ENJOYED MARY WARD DAY, AS WELL AS LEARNING ABOUT THE HISTORY OF THE COLLEGE, WE GOT TO ENJOY A DAY AT CHESTER ZOO AND TO MEET LOTS OF NEW PEOPLE. ”

Jameelah Ologundudu



“I really enjoy the breadth and diversity of trips we are offered at College. This year I have been on a trip to Iceland, enjoying breathtaking sights and making life-long memories. I will also be going on a pilgrimage to Lourdes to volunteer with disabled and disadvantaged children. The opportunities College offer us are endless.”

Tadiwa Mativenga



LORETO STUDENTS GIVE



TOILET TWINNING

This national organisation seeks to raise funds to provide safe latrines, clean water and hygiene education in some of the world's poorest nations. Schools, colleges and other institutions are invited to 'twin' their toilets with a latrine abroad. Loreto College is a key contributor to this campaign, raising well over £9,000.

Loreto's Toilet Twinning campaign received a boost when much loved entertainer and ornithologist, Bill Oddie, paid a visit to College. Bill has adapted a song, originally written some time ago by his wife for a proposed TV show and then used in a pantomime, 'The Toilet Song' proved to be perfect for an event planned for World Toilet Day. Bill came to College, accompanied by Toilet Twinning CEO Lorraine Kingsley, to meet our campaign coordinator Helen Gettings, and to rehearse with Loreto's Pop Choir.

On world toilet day (Monday 19th November) the 40 members of the Loreto Pop Choir assembled on the steps of St Paul's Cathedral, joined by a large group of supporters and celebrities. Helen Gettings, and lower sixth student, Alexia Kangombe, gave a short speech outlining the vital work of the toilet twinning campaign.

The Loreto Pop Choir then performed 'What About Us' by P!nk, and 'The Toilet Song', to a rapturous reception. It was an unforgettable experience for our students, highlighting this exceptionally important campaign. ■

CORNERSTONE APPEAL

On the approach to Christmas, we focused on the annual Cornerstone appeal, where students across the College collected over 2,000 food and clothing items to donate to the less fortunate in our local area.

“ I REALLY ENJOYED GOING TO THE SOCIAL JUSTICE AND PEACE GROUP AT LORETO COLLEGE. WE HAVE RAISED A LOT OF MONEY FOR MANY CHARITIES AND I'M GLAD TO HAVE MADE A DIFFERENCE TO THE COMMUNITY. ”

Julia Chapman

SPORT AT LORETO

LORETO OFFERS A WIDE RANGE OF SPORTS, INCLUDING NETBALL, WOMEN'S FOOTBALL, MEN'S FOOTBALL, MEN'S BASKETBALL, WOMEN'S BASKETBALL, CRICKET, BADMINTON, RUGBY AND ATHLETICS.

The 2018-2019 season has been another successful year for the sports teams at Loreto. The success enjoyed throughout the season came about from a combination of highly talented sports performers within the College and the high level of experience, knowledge and hard work from the coaches.



FOOTBALL

The football season ran more to plan this year, with fewer games being cancelled due to the weather and therefore most fixtures were played. The Men's First and Second teams both enjoyed a successful year in the North West Colleges League, finishing second and third respectively in their leagues. Both teams performed consistently well throughout the season and were frustrated that they could not finish higher in their leagues. The Women's team finished sixth in their league, with too many draws affecting their final position in the AoC North West League. However, they did win the Manchester F.A. 7 a side competition.



NETBALL

The North West Colleges Netball League was extremely competitive this season, with teams boasting international and National Performance League players. The team's positive attitude and tenacity was unsurpassable and was a key factor in their success, with players selflessly taking to the court out of position in order to benefit the team.



BASKETBALL

The Men and Women's Basketball Academy teams both compete in the Elite Academy Basketball League, which includes some of the best players in the country at Under 19's level. The Men's Academy finished fifth in the National League, whilst the Women's Academy finished second. The Men's Basketball Academy were able to add another National Title this year, winning the England Basketball under 17's National Competition, after beating Charnwood College 92-78 at the National Basketball Performance Centre.

PLAYER OF THE SEASON

FOOTBALL 1ST TEAM
Ali Salman

WOMEN'S FOOTBALL
Eloise O'Donnell-Hughes

BASKETBALL ACADEMY
Jason Ani

WOMEN'S BASKETBALL ACADEMY
Jade Mbam

FOOTBALL 2ND TEAM
Nathaniel Soares

NETBALL
Giselle Yeboah

BASKETBALL 2ND TEAM
Mpimpa Ng'andu

“ I AM PART OF THE NETBALL TEAM AND ALSO A MEMBER OF THE MEDICS CLUB. I HAVE REALLY ENJOYED MEETING LOTS OF NEW PEOPLE AND MAKING NEW FRIENDS. ”



GISELLE YEBOAH

ALI SALMAN

15 NUMBER OF NATIONAL BASKETBALL TITLES WON IN THE LAST EIGHT YEARS





Loreto
sixth form college

SPORT

