

FREQUENTLY ASKED QUESTIONS

Sport

Q 1. What is the difference between the Extended Certificate and Extended Diploma?

The Extended Diploma in Sport is a full-time course, which is the equivalent to 3 A Levels. Those completing the course would usually be interested in a career in the sports industry, directly upon completion of the course or after completing a Sports related degree.

The Extended Certificate in Sport is equivalent to 1 A Level and students will study two other subjects alongside the Extended Certificate. Those completing the course should have a keen interest in studying the theory of Sport and its application.

Q 2. What will I study on the BTEC Sport courses?

Students completing the Extended Certificate in Sport will complete three mandatory units and one optional unit:

- ◆ *Unit 1 Anatomy & Physiology (Externally assessed)*
- ◆ *Unit 2 Fitness Training and Programming for Health, Sport and Well-being (Externally assessed)*
- ◆ *Unit 3 Professional Development in Sport*
- ◆ *Unit 5 Application of Fitness Testing*

Students completing the Extended Diploma in Sport will complete 10 mandatory units and four optional units:

- ◆ *Unit 1 Anatomy and Physiology (externally assessed)*
- ◆ *Unit 2 Fitness Training & Programming for Health, Sport and Well-being (externally assessed)*
- ◆ *Unit 3 Professional Development in Sport*
- ◆ *Unit 4 Sports Leadership*
- ◆ *Unit 7 Practical Sports Performance*
- ◆ *Unit 8 Coaching for Performance*
- ◆ *Unit 9 Research Methods in Sport*



FREQUENTLY ASKED QUESTIONS

- ◆ *Unit 19 Development and Provision of Sport and Physical Activity (externally assessed)*
- ◆ *Unit 22 Investigating Business in Sport and the Active Leisure Industry*
- ◆ *Unit 23 Skill Acquisition in Sport.*
- ◆ *Unit 5 Application of Fitness Testing*
- ◆ *Unit 6 Sports Psychology*
- ◆ *Unit 19 Sports Event Organisation*
- ◆ *Unit 31 Current Issues in Sport*

Q 3. I have been told that there are exams on BTEC courses, is that true?

Both courses offered at Loreto include external assessments, which have been introduced as a way of preparing students more effectively for their next step upon completion of the courses.

The courses allow learners to demonstrate their knowledge skills and understanding through a combination of assessment styles. Students on both courses will complete Unit 1 Anatomy & Physiology and Unit 2 Fitness Training & Programming for Health, Sport & Well-being which are both externally assessed units. Anatomy & Physiology is assessed using a traditional exam format, whilst Unit 2 is assessed using a work-based scenario context.

In the second year of the Extended Diploma course, students will complete two further external assessments using a work-based scenario context, Unit 19 Development and Provision of Sport & Physical Activity and Unit 22 Investigating Business in Sport and the Active Leisure Industry.

Q 4. Will I get chance to do practical activity on the course?

Both courses are theory based with practical elements, which gives students the opportunity to develop their own performance, coaching and leadership skills. Within Unit 7 Practical Sports Performance, Extended Diploma students are required to participate in an individual and team sport to be assessed. All students will have the opportunity to represent the college in a number of team sports.



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Q 5. What opportunities are there to gain work experience on the course?

All BTEC Sport students are given the opportunity to gain valuable work experience in their chosen sector of the Sport & Active Leisure Industry.

Q 6. What university courses do students usually progress on to?

Students who complete the Extended Diploma in Sport progress onto a wide variety of Sport related degrees including: Sports Coaching, Sport & Physical Education, Sports Therapy, Sports Rehabilitation, Sports Psychology, Primary and Secondary Teaching. Students also progress on to non-Sports related degrees, in recent years students have gone on study Accounting, Psychology and Criminology.

Students who complete the Extended Certificate, study two other subjects alongside and therefore progress onto a wide variety of degree course, some Sports related, and others non-Sports related.

Q 7. Can I study Physiotherapy at university after completing the course?

First of all, students need to clarify whether they are interested in a career in Physiotherapy or a career in Sports Therapy/Sports Rehabilitation. If your interest in becoming a physiotherapy is through sport, then you might not actually want to be a physiotherapist!

Physiotherapy is a science-based health care profession regulated by the Health and Care Professions Council (HCPC), focusing on physical activity that helps people cope with the demands of daily living.

Whereas, Sport Rehabilitation is a profession through the British Association of Sport Rehabilitators and Trainers (BASRaT) which is regulated by the Professional Standards Authority (PSA). Their specialism is in musculoskeletal injuries and rehabilitation, typically arising from sport and physical activity.

Both courses have very different requirements in terms of UCAS Points, for example:



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- ◆ *To study BSc Physiotherapy at Salford University you will need to achieve 128 points from a minimum of three A Levels including at least one Science, (preferably Biology/Human Biology). Other acceptable subjects include: Chemistry Physics or PE*
- ◆ *To study BSc Sports Rehabilitation at Salford University you will need to achieve 120 points from preferred subjects - Human Biology, Biology, Physics, Chemistry, Mathematics, Psychology, PE, Sport Studies, Sociology.*

